



Parish of Killavullen and Annakisha

Fourth Week of Lent (March 22 - 29, 2020)

20.11



Fourth Sunday of Lent. 1st Reading: God chooses Samuel to be leader of Israel. He is anointed with oil by Jesse, in a ritual familiar to us from Baptism and Confirmation. **Responsorial Psalm:** We trust in God as our Good Shepherd who guides us and leads us. **2nd Reading:** Christ is the light; we use this time of Lent to walk away from darkness. **Gospel:** Jesus give to the blind man the gift of sight and the insight of faith. While the blind man can see again, the Pharisees, ironically, remain blind to the presence of the Messiah.

Lord, give us new vision that we may see you with the eyes of faith, and recognise you in each other.

May they rest in God's embrace: Anniversaries: Ned Quirke (Hunting Hill); Josephine Coakley.

Last Weekend's collections. Thank you for your generosity.

	Annakisha	Killavullen
Weekly Offerings	Combined	€245

Spiritual Suggestions for Coping with the Corona Virus

1. While "social-distancing" and "self-isolation" sound negative, they can be interpreted positively, as ways of coming home to ourselves. We can spend more time in reflection and prayer, and thinking about our priorities.
2. "Wash your hands" - as you do so say one *Hail Mary*.
3. Make a regular, if not daily visit to Annakisha or Killavullen Church – thank God for your blessings and ask for God's graces you need.
4. Learn a new skill or revive an old one: a language, a musical instrument, a new signature dish for the family table; or take up a hobby.
5. Read a Religious book – Visit the Parish Library in Killavullen and sign out a book or two for the coming weeks.
6. Spend more time in your garden and in the great outdoors. Recognise the face of the Creator in the beauty of creation.
7. Spring-clean and declutter your house – donate what you do not need.

Bon Mot: *If you cannot do great things, do little things with great love.*
(Mother Teresa of Calcutta)

The Covid-19 Pandemic: As instructed by a statement from the Catholic bishops of Ireland, all public Masses and parish activities are cancelled until at least March 29 in response to the Covid-19 pandemic. At this time: "All are dispensed from the obligation to physically attend Sunday Mass."

Both Killavullen and Annakisha churches are open for personal visits during daylight hours, as is the parish office in Ballygriffin (telephone: 022-46578) email: parishofkillavullen@gmail.com) There you will find copies of the most recent or upcoming Sunday Missalette and parish newsletter to take home.

One of the ways to remain connected to our Catholic faith community is through livestreaming. The website www.churchservices.tv is the go-to place for many of the larger churches and cathedrals around the country, including St. Mary's Church, Mallow <https://www.churchservices.tv/mallow> Mass and other programs are also broadcast through Radio Maria which is available on Saorview Channel 210. This station is led Fr. Eamonn McCarthy, a priest of Cloyne.

Our own parish website (see address below) is regularly updated.

In these anxious times we can find strength, consolation and hope in prayer. May God protect those in the frontlines, especially, doctors, nurses, and the medical support staff. May we all play our part by keeping well and practicing good hygiene standards. That way we will slow-down the transmission of the virus. I will continue to offer Mass privately for these and all your intentions. Fr. Gerard.

COVID-19 Support Line for Older People: ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 Professional staff are available to answer queries and give advice and where necessary. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024. Hours may be extended to meet the demand.

Paidir tradisiúnta: *Dia idir sinn agus an t-olc.*